

KAREN RUSSO

Money Momentum Coach



Social Media Posts to Share

Short Posts to Uplift Your Community

We don't need to earn grace; we are grace! @KarenRussoMoney

Cultivating our beliefs & habits around money is as important as developing our capacity to earn, invest, exchange & grow. @KarenRussoMoney

It's possible to live a conscious, sacred life and save, invest & share money effectively.
@KarenRussoMoney

The Money Keys is dedicated to people who want to grow themselves as they grow their money
@KarenRussoMoney

Answering the question, "What's the money for?" allows you to create & share wealth in a way that empowers others. @KarenRussoMoney

A powerful way to change is to be honest about where you are & clear about your destination.
@KarenRussoMoney

While expanding your financial wealth, having an accurate sense of where you're starting is powerful
@KarenRussoMoney

At the highest level of prosperity, we are serving 7 sharing things that reflect the best expression of who we are. @KarenRussoMoney

Power is the capacity to manifest, give, influence and reveal. @KarenRussoMoney

When we access the vastness of who we are, we are generous, compassionate and cooperative
@KarenRussoMoney

Power is the capacity to manifest, give, influence and reveal. @KarenRussoMoney

Real power is an inner strength from which we connect with all of life. @KarenRussoMoney

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Generating more money can be an inspiring, goal when you are aligned with your inner purpose.
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Opening your real financial power will cause you to grow in identity and grow your financial results
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Too much reflection can create stagnation. You need to act. @KarenRussoMoney

Action and accountability are the focus. @KarenRussoMoney

There are natural cycles & rhythms throughout all of life. Action and accountability are the focus.
@KarenRussoMoney

As you grow yourself and grow your wealth, you may experience cycles of stillness and action
@KarenRussoMoney

Studying and applying spiritual principles leads to both evolutionary and transformative growth.
@KarenRussoMoney

Evolutionary growth is along a linear and incremental pattern of advancement. @KarenRussoMoney

The Law of Unity is the universal principle of building a spirituality of wholeness. @KarenRussoMoney

The nature of life is giving and receiving. @KarenRussoMoney

We are choosing the meaning we attach to our financial lives. @KarenRussoMoney

We serve our view of reality through investing our time, energy, attention and resources.
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We all serve a reality in our money lives. @KarenRussoMoney

We feel fear when we allow ourselves to view money from the specter of scarcity.
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The key question to ask to break the spell of scarcity around money is “What reality am I serving?”
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The damage done by the lie of scarcity happens when you believe there’s not enough and act accordingly @KarenRussoMoney

Fear is a faith issue, not a financial one. @KarenRussoMoney

The universal spiritual principle that underlies wholeness is The Law of Unity @KarenRussoMoney

When we know that wholeness is our source, we can be at peace. @KarenRussoMoney

Superstitions are ideas that often don’t stand up to logic or scrutiny. @KarenRussoMoney

Our beliefs about money are directly related to our money experience. @KarenRussoMoney

Identifying & shifting beliefs is a process using the practices of inquiry, healing and co-creation.
@KarenRussoMoney

The people you choose to have around you are your money models, mirrors & mentors.
@KarenRussoMoney

The Law of Circulation shows us that all of life is a flow of giving and receiving. @KarenRussoMoney

Feeling prosperous comes from a grateful attitude, a generous heart & a life of circulation.
@KarenRussoMoney

When you focus on thriving and growing rather than just surviving, you stop struggling.
@KarenRussoMoney

The ultimate truth about life is that we live in a loving universe. We are each made from wholeness.
@KarenRussoMoney

If you rely on outer standards of money measurement to compare & track your worth, you get lost.
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Engaging in conscious financial habits leads to the realization of infinite possibility.
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The past is over, except for the energy, attention and time you give it in the present.
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Your attitude toward yourself is a powerful determinant of your capacity to flourish.
@KarenRussoMoney

Find what is positive about your story, your consciousness and your circumstances, and celebrate it.
@KarenRussoMoney

Dream big about the peace of mind, sense of freedom & experience of possibility available to you.
@KarenRussoMoney

What do people really want to do with their money?? peace of mind @KarenRussoMoney

When we live from our awareness of the reality of the Law of Unity, we serve wholeness.
@KarenRussoMoney

The creative source of life is all love, all energy, all information, all power and all good.
@KarenRussoMoney

The Law of Unity tells us that wholeness is our spiritual nature. @KarenRussoMoney

The practices to deepen your spiritual realization: gratitude, meditation, inspiration, & visioning.
@KarenRussoMoney

Gratitude is one of the most powerful spiritual practices to use in living a wealthy life.
@KarenRussoMoney

The nature of divine reality is giving. @KarenRussoMoney

“Guerilla Gratitude,” a process for finding thankfulness whether you feel like it or not!
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The purpose of meditation is to commune with your own inner, spiritual nature. @KarenRussoMoney

When you are peaceful, balanced and clear, you can fill yourself with inspirational practices.
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When you feel yourself at one with your source, you are at peace. @KarenRussoMoney

When you are more spiritually self-aware, you are also better able to stop being self-obsessed.
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What you believe about money often is connected to what you value about yourself.
@KarenRussoMoney

Assessing the content of your past consciousness & seeing what is still operating today is powerful.
@KarenRussoMoney

Forgiveness is a gift we give to ourselves. @KarenRussoMoney

Strengthening thoughts & beliefs about money with techniques like affirmation & prayer is powerful.
@KarenRussoMoney

Authoring a new story and new meaning about money requires desire and discipline.
@KarenRussoMoney

When you create from prosperity, flow and generosity, you contribute to everyone.
@KarenRussoMoney

The movement of money is a symbol of giving & receiving, & facilitates the circulation of supply.
@KarenRussoMoney

Give to people that uplift you spiritually, that help you feel more connected to your source.
@KarenRussoMoney

When you tithe, you give freely, without expectation. @KarenRussoMoney

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Give what you can from the idea that you and everyone are whole. @KarenRussoMoney

Spiritual giving builds faith in the wholeness of the source. @KarenRussoMoney

Money is a form of energy. It can't flow where there is no space for it to flow. @KarenRussoMoney

With a financial foundation built on order, it is easy to add more to it. @KarenRussoMoney

People who are both spiritually & financially wealthy are always committed to learning & growing.
@KarenRussoMoney

In money matters, consciousness is everything. @KarenRussoMoney

When you select people to be models, mirrors or mentors, use spiritual due diligence.
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Your individual financial beliefs are where you can make an impact on shifting the quality of your intimate relationships. @KarenRussoMoney

Take responsibility now to be, do and have what you want. @KarenRussoMoney

The quality of the legacy you leave is as important as the quantity. @KarenRussoMoney

When you cultivate your realization of the spiritual truth, you are at peace, you are free & powerful.
@KarenRussoMoney

Money isn't everything. It isn't anything, really, except for the meaning you give it.
@KarenRussoMoney